


Parkview

January 2022

Social Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:30 Sit and be Fit 10:30 Decade of Memories 11:30 Lunch Time 12:30 New Year's Celebration 1:00 Rest and Restore 2:00 Snack and Music 2:30 I hear a Memory 3:30 Snowflake making 4:30 Dinner Time 5:30 Residents Choice Time for Celebration!!! Happy New Year!!
						2 9:30 Ball Toss 10:30 Hymn Sing Along 11:30 Lunch Time 12:30 Matinee 1:00 Pop Popcorn 2:00 Snack and Visit 2:45 Exercise 3:00 Aroma Therapy 4:30 Dinner Time 5:30 An Affair to Remember
9 9:30 Sunday Stretching 10:30 Flower Arranging 11:30 Lunch Time 12:30 Dean Martin Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 I hear a memory game 3:00 Snowflake Trace and Cut 4:30 Dinner Time 5:30 Residents Choice	10 9:30 Exercise 10:30 Sing Along 11:30 Lunch Time 12:30 Funny Videos 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Stretch and play a game 3:00 Brain Games 4:30 Dinner Time 5:30 Babie's Day Out	11 9:30 Exercise 10:30 Tidbit Tuesday 11:30 Lunch Time 12:30 Beethoven Movie 1:00 Rest and Restore 2:00 Snack and Chat 2:45 Basketball Shots 3:00 Sorting and Cleaning 4:30 Dinner Time 5:30 The Music Man (DVD) National Milk Day!	12 9:30 Sit and Stretch 10:30 Word Search Wednesday 11:30 Lunch Time 12:30 Cheaper By The Dozen 1:15 Snack and Rest 1:45-3:00pm Adventure Out 3:00 Beauty Time 4:30 Dinner Time 5:30 Grease (DVD)	13 9:30 Ball Exercise 10:30 Devotions with Steve 11:30 Lunch Time 12:30 Classic Movie 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Relax your Body 3:00 Sing Along 4:30 Dinner Time 5:30 Residents Choice National Sticker Day!!	14 9:30 Ring Toss 10:30 Brain Games 11:30 Lunch Time 12:30 Musical Movie 1:00 Rest and Restore 2:45 Exercise 3:00 Trivia 3:30 1-on-1 visits with staff 4:30 Dinner Time 5:30 Disney Movie National Bring your Pet to work	15 9:30 Tea for Two 10:30 Story Time 11:30 Lunch Time 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Simon Say's Game Music and Memory 4:30 Dinner Time 5:30 Great British Baking National Strawberry Ice Cream

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21	22
9:30 Sunday Stretching 10:30 Balloon Toss 11:30 Lunch Time 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Chat 2:45 Cooking Show 3:00 One on One Visits 4:30 Dinner Time 5:30 Country Songs Sing Along Norma's Birthday!	9:30 Exercise 10:30 Jewelry Making 11:30 Lunch Time 12:30 Hymn Sing Along 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Monday Fun Day with Music 3:00 Hystory Flash Cards 4:30 Dinner Time 5:30 Bright Eyes (DVD)	9:30 Circle Time/Exercise 10:30 Tidbit Tuesday 11:30 Lunch Time 12:30 Animal Channel 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Free painting 3:00 Cards Game 4:30 Dinner Time 5:30 Chitty Chitty Bang Bang	9:45 Exercise 10:30 New Resident Social 12:30 "Hogan's Heroes" 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00-4:00 Adventure out 5:00 Walk and Chat 6:00 Bob Hope (DVD) National Popcorn Day!!	9:30 Hallway Stroll 10:30 Residents Choice 11:30 Lunch Time 12:30 Disney Movie 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Random Riddles 4:30 Dinner Time 5:30 Residents Social National Cheese Lovers Day!!	9:30 Exercise/Balloon Toss 10:30 Making Bracelets 11:30 Lunch Time 12:30 Movie Reminisce 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Trivia 3:00 Brain Gaimes 4:30 Dinner Time 5:30 The Lost Puppy National Hugging Day!!	9:30 Exercise 10:30 Crafts and Fun 11:30 Lunch Time 12:30 Matinee 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Listen to Music 3:00 1 on 1 Visits 4:30 Dinner Time 5:30 Heidi (DVD)
23	24	25	26	27	28	29
9:30 Sunday Stretching 10:30 Winter Craft 11:30 Lunch Time 12:30 Little House on the Prairie 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Brain Games 3:00 Story Time 3:30 Read a Magazine 4:30 Dinner Time 5:30 The Fiddler of the Roof National Pie Day!!	9:30 Daily Chronicles 10:30 Guess Who game? 11:30 Lunch Time 12:30 50's Rock 'n' Roll 1:00 Rest and Restore 2:00 Snack and Visit 3:00 Read a Magazine 3:30 Finish the Phrase 4:30 Dinner Time 5:30 Bright Eyes (DVD) National Compliment Day :)	9:30 Chair Aerobics 10:30 Tidbit Tuesday 11:30 Lunch Time 12:30 Pillow Talk (DVD) 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Sing Along 3:45 Story Time 4:30 Dinner Time 5:30 Little House on the Prairie	9:30 Exercise 10:30 Hymn Sing-a-long 11:30 Lunch Time 12:30 Disney Movie 1:15 Snack and Rest 1:45-3:00 Adventure Out 3:00 One on One Time 3:30 Listen to Music 4:30 Dinner Time 5:30 Classic Movie	9:30 Finish the Phrase 10:30 Devotions with Steve 11:30 Lunch Time 12:30 T.V. Westerns 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Table Games 4:30 Dinner Time 5:30 Baby Take a Bow National Chocolate Cake Day	9:30 Exercise/Music 10:30 Resident Social 11:30 Lunch Time 12:30 Planet Earth Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Walk the Hallways 3:30 Coloring and Painting 4:30 Dinner Time 5:30 Residents Choice National Blue Berry Pancake	9:30 Saturday Exercises 10:30 Word Search 11:30 Lunch Time 12:30 Jeopardy 1:00 Rest and Restore 2:00 Snack and Visit 3:00 Bingo 4:30 Dinner Time 5:30 Walk and Chat Residents Choice National Puzzle Day Ingeborg's Birthday!
SUNDAY 30	MONDAY 31					Six Dimensions of Wellness:
9:30 Exercise 10:00 Sunday Fun Day Social! 10:30 Resident Council 11:30 Lunch Time 12:30 Matinee 1:00 Rest and Restore 2:00 Snack and Visit 3:00 1 on 1 visits 3:30 Beauty Time 4:30 Dinner Time 5:30 Annie (DVD)	9:30 Exercise with Music 10:30 Tide up the Building 11:30 Lunch Time 12:30 SPA Day 1:00 Rest and Restore 2:00 Snack and Chat 3:00 Winter Social 4:00Walk and Chat 4:30 Dinner Time 5:30 Residents Choice National Hot Chocolate Day!!	Parkview at Wheatland Village License # 1640				Spiritual Physical Social Occupational Emotional Intellectual